

# MY ONE PAGE PROFILE



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Executive Director of Business Resources

## What people appreciate about me...

- I try to see the big picture and consider the impact of decisions on people, as well as the business.
- I am resilient and will keep calm in a crisis.
- What you see is what you get – I don't do politics or play games.
- I have a good sense of humour.
- Of the GCH values, Integrity is at my core.
- I am very self-aware and do try to learn from my mistakes

## What's important to me...

- My husband Kevin and our life together. We've been together 30 years so it's probably getting serious now.
- My family – my parents are both elderly and the time with them now is particularly precious.
- Doing a job that matters and adheres to my sense of fairness and social justice.
- Time out – work can be hectic so being able to have a change of pace is essential to well-being. A good walk in the hills always helps. That or time in Italy.
- Getting things done. I love crossing things off my To Do list and achieving what I have set out to do.
- Making other people's jobs easier and the numbers less scary.
- Only worrying about what really matters. Life is challenging enough without stressing over everything.

## How to support me well at work...

- If there is a problem, come and tell me and we can see if we can find the solution together.
- Even better, if you have a possible solution, tell me about it. A great boss I once had would always ask me "what do you think?" which pushed my development and confidence along, as well as making his job easier.
- Please ask "why" – it's important that you understand why something matters or know the history for you to give your best.
- If you don't think you will meet a deadline, let me know sooner rather than later. My biggest trigger is probably when people overpromise and under-deliver.
- Don't be afraid to tell me I am wrong! We are always learning, and we can always do better.
- I am a confident introvert. I may not always be good at small talk, but I do care. I need space and quiet but let me know if I am too distant or too quiet.